

For my fellow Zebra's – EDS Days of Christmas

On the first day of Christmas Ehlers Danlos Syndrome gave to me, A Tethered Spinal Cord and a Chiari (KeeRRREEE)

On the second day of Christmas Trish Meegan (my physical therapist) fixed for me, two slipping knees, a tethered spinal cord and a Chiari

On the third day of Christmas the hospital gave to me, 3 IV bags of fluids, two slipping knees, a tethered spinal cord and a Chiari

On the fourth day of Christmas EDS gave to me, four doctor appointments, three bags of fluid, two slipping knees, a tethered cord and a Chiari

On the fifth day of Christmas Eric Palmer(Orthotics) gave to me, five helpful braces, four doctor appointments, three bags of fluid, two slipping knees, a tethered cord and a Chiari

On the sixth day of Christmas urgent care gave to me, six kinds of crutches, 5 helpful braces, four doctor appointments, three bags of fluids, two slipping knees, a tethered cord and a Chiari

On the seventh day of Christmas EDS gave to me, seven dislocations, six kinds of crutches, five helpful braces, four doctor appointments, three bags of fluid, two slipping knees, a tethered cord and a Chiari

On the eighth day of Christmas my EDS friends gave to me eight Dancing Zebras, seven dislocations, six kinds of crutches, five helpful braces, four doctor appointments, three bags of fluids, two slipping knees, a tethered cord and a Chiari

On the ninth day of Christmas Ehlers Danlos Syndrome gave to me, nine complicated surgeries, eight zebras dancing, seven dislocations, six kinds of crutches, five helpful braces, four doctor appointments, three bags of fluids, two slipping knees, a tethered cord and a Chiari

On the tenth day of Christmas Dr. Chopra (My pain doctor) gave to me, ten trigger point injections, nine complicated surgeries, eight dancing zebras, seven dislocations, six kinds of crutches, five helpful braces, four doctor appointments, three bags of fluid, two slipping knees, a tethered cord and a Chiari.

On the eleventh day of Christmas Mike Healy (my Physical Therapist) fixed for me, Eleven slipping ribs, ten trigger point injections nine complicated surgeries, eight dancing zebras, seven dislocations, six kinds of crutches, five helpful braces, four doctor appointments, three bags of fluids, two slipping knees, a tethered cord and a Chiari.

On the twelfth day of Christmas EDS sent to me, 12 separate specialists, Eleven slipping ribs, ten trigger point injections, nine complicated surgeries, eight zebras dancing, seven dislocations, six kinds of crutches, five helpful braces, four doctor appointments, three bags of fluid, two slipping knees, a tethered cord and a Chiari

Written by: Krista Brack of www.rieds.org with the help of Patricia Meegan at Healy PT 12/9/15